Skin care of treated area for approximately two weeks after radiation

- Do not use soap or scrub the skin in the area of treatment.
- Shower in lukewarm water
- Pat dry with a soft cotton towel
- Do not use scented creams, lotions, or talcum powder in the area of treatment
- Wear cotton as much as possible against the area and loose fitting clothing if possible to allow skin to breathe
- You CAN use Baby Powder or corn starch
- You CAN also wash the rest of your body outside the treatment area as you normally do
- Do not use heating pads or ice packs in the treatment area

Possible side effects:

- Increased pain for the next 24 hours
- Fatigue
- Skin Reaction (mild irritation)

If you have any uncontrolled symptoms refer to your family physician

Communication note (RN, MD, Radiation Therapist) | Signature/Date
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